**Froottree Catering Allergen Chart**

| Dishes/Allergens | Celerey | Cerals containing | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Seasame seeds | Soya | sulphur dioxide |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| BBQ Flavoured chicken wings | | ■ | | | | | ■ | | | | | | ■ | |
| Chicken Gizzards | ■ | | | | | | | | ■ | | | | | |
| Saltfish and Plantain Balls | | ■ | | ■ | ■ | | | | | | | | | |
| Mac and cheese balls | | ■ | | ■ | | | ■ | | | | | | | |
| Sweet potato curry bites (Vegan) | | ■ | | | | | ■ | | ■ | | | | | |
| Chicken | | | | | | | | | ■ | | | | ■ | |
| Curry Mutton | ■ | | | | | | | | ■ | | | | | |
| Braised Oxtail | ■ | | | | | | | | ■ | | | | | |
| Baked Lamb Chops | ■ | | | | | | | | ■ | | | | | |
| Cowfoot and Tripe | ■ | | | | | | | | ■ | | | | | |
| Okra and mushroom (vegan) | ■ | | | | | | | | | | | | | |
| Exotic Ratatouille vegan | ■ | | | | | | | | | | | | | |
| Vegetarian Curry (Vegan) | ■ | | | | | | | | | | | | | |
| Salmon | ■ | | | | ■ | | | | | | | | | |
| Fish Broth | | | | | ■ | | | | | | | | | |
| Rice and Peas (vegan) | ■ | | | | | | | | | | | | | |
| Tumeric and Coconut rice vegan | ■ | | | | | | | | | | | | | |
| Vegetarian Curry (Vegan) | | | | | | | | | | | | | | |
| Jollof Rice | | | | | | | | | | | | | | |
| Plain rice (vegan) | | | | | | | | | | | | | | |
| Bulgar Wheat (vegan) | | ■ | | | | | | | | | | | | |
| Fried Polenta (vegan) | ■ | | | | | | | | | | | | | |
| Naan Bread | | ■ | | | | | ■ | | | | | | | |
| Mac and cheese | | | | | | | ■ | | | | | | | |
| Fried Plantain (vegan) | | | | | | | | | | | | | | |
| Hot Slaw (vegan) | | | | | | | | | | | | | | |
| Seasona vegetables (vegan) | | | | | | | | | | | | | | |
| Green Salad (vegan) | | | | | | | | | | | | | | |
| Homemade Coleslaw | | | | ■ | | | ■ | | | | | | | |
| Exotic Couscous (vegan) | ■ | | | | | | | | | | | | | |